

Authentic Relating with Bambos Demetriou

Register Here

To participate in this training, email:
bambosdemetriou@gmail.com

Any questions? Then you can also call:
06 15 57 68 07

There is nothing in life more beautiful than connection and here you will learn the keys to making that happen.



OPENING YOUR EYES

TO AUTHENTIC RELATING

Bambos Demetriou has been a yogi, a practitioner of chinese medicine, a former drug addict and more recently a photographer.

His unending search for growth and emotional well-being has given thousands the opportunity to connect with the world in love, tenderness and gratitude.

WHY JOIN?

- Learn how to nurture meaningful relationships.
- Understand the 5 principles that will guide you to improving any relationship.
- Practice practical communication skills that you can apply to all areas of your life.
- Enjoy the company of like-minded people who are looking to better connect with themselves and the world around them.
- Break free of the fear of just being yourself.

easier to integrate these practices into your life after the course.

Day 2:

09:00 - 12:00

Move into group work as we dig into everything blocking you from living more authentically.

12:00 - 13:00 (Lunch)

13:00 - 17:00

Exercises to connect to authenticity when interacting while integrating the understanding. Shift from pair to group work as we learn from one another as we practice.

THE PROGRAM

Day 1:

09:00 - 12:00

The first half day is dedicated to setting up the context for the 2-days and digging into some interactive experiences. It's important to feel contrast when we learn so that everything is based on your experience, not an idea.

12:00 - 13:00 (Lunch)

13:00 - 17:00

The second half we will deepen the connection exercises and integrate new skills to make it

THE DETAILS

Dates:

- visit www.amsterdamswelvaren.com for dates.

Location:

- **Berenstraat 7, Amsterdam**

Price:

- **€ 395 Excluding VAT**
- **Includes: arrangement costs for coffee, tea, water and lunch on both days.**

